

## Health Tutor Newsletter

- September 2007 -

The "Health Tutor in Adult Education" project is making good progress.

Meanwhile we have developed our first product, the course framework. The course framework defines in detail the mission and role of the health tutor, the competence profile and course topics. With the course framework completed, the project team is now working on the other products. Altogether we are developing four products:

- Course framework (done)
- Curriculum (work in progress)
- Health check (work in progress)
- Additional material (work in progress)

The curriculum defines and describes in detail the structure of the course, methodology and its content. Some of the topics covered in the curriculum are:

- key factors to increase the learning/ working capacities, such as
  - body and learning
  - social interaction
  - quality of the environment
- The Health Check for training centres
- Development of a Strategic Health Plan
- Promotion of health
  - Dealing with Management
  - Dealing with Adult Learners

Besides the curriculum, the health check is another major product being developed. The health check will be a tool for trainers to enable them to find out what sort of improvement regarding health is needed in their institution.

After having developed these different products, we will be running two types of courses. Firstly the so-called test courses. These test courses will be running in Italy (Milan and Florence), Poland (Krakow) and Germany (Berlin and Frankfurt-Oder). These courses are free of charge and volunteers are welcome. The language of the courses will be the mother tongue of each participating country. After carrying out these test courses we will evaluate the results and make adjustments (if necessary).

We will then offer the second type of courses, which addresses trainers all around Europe. Therefore the courses will be held in English. For these courses participants can apply for a grant (Grundtvig 3) to their national agency (NA). Since the NA is setting deadlines for the grant applications, early registration is advisable.

The dates of these courses are:

Florence: 15/04/2008 - 19/04/2008; reference number: IT-2008-368-001

Milan: 06/05/2008 - 10/05/2008; reference number: IT-2008- 369-001

Berlin: 20/05/2008 - 24/05/2008; reference number: DE-2008-718-001

The main target group of the courses are trainers in adult education institutions, but management, other staff working in these institutions, external professionals/consultants including trade unionists and concerned individuals are also welcome.

For further information, please contact: Jack Paterson; TOTNES SCHOOL OF ENGLISH;  
Tel. / FAX +44-(0) 1803 865722; email: jack.paterson@totenglish.co.uk  
Address of the Grundtvig Database: <http://ec.europa.eu/education/trainingdatabase/>  
Addresses of all national agencies: [http://ec.europa.eu/education/programmes/socrates/nat-est\\_en.htm](http://ec.europa.eu/education/programmes/socrates/nat-est_en.htm)  
You will find some additional information regarding our courses on our website: <http://www.healthtutor.eu>